



COUNTY OF SAN DIEGO, HEALTH AND HUMAN SERVICES AGENCY, BEHAVIORAL HEALTH SERVICES

MENTAL HEALTH SERVICES ACT (MHSA) WORKFORCE EDUCATION AND TRAINING PROGRAMS AND SERVICES

The Mental Health Services Act (MHSA), Proposition 63, was approved by California voters in November 2004 and became effective January 1, 2005. The MHSA provides funding for expansion of mental health services in California. As required by the law, the County of San Diego, through the Health and Human Services Agency (HHSA) Mental Health Services Division, completed the MHSA Workforce Education and Training (WET) Program and Expenditure Plan. The County's Workforce Education and Training component of the Three-Year Program and Expenditure Plan addresses the shortage of qualified individuals who provide services in the County's Public Mental Health System. This includes community based organizations and individuals in small group practices who provide publicly-funded mental health services to the degree they comprise this County's Public Mental Health System workforce. This Workforce Education and Training component is consistent with and supports the vision, values, mission, goals, objectives and proposed actions of California's MHSA Workforce Education and Training Five-Year Strategic Plan (Five-Year Plan), and this County's current MHSA Community Services and Supports and Prevention and Early Intervention component. The combined Actions of California's Five-Year Plan and this County's Workforce Education and Training component together address the County's public mental health workforce needs.

Funds do not supplant existing workforce development and/or education and training activities. Funds will be used to fully meet the fundamental principles contained in the Act.

All education, training and workforce development programs and activities contribute to developing and maintaining a culturally and linguistically competent workforce, including individuals with lived experience, who are capable of providing client- and family-driven services that promote wellness, recovery, and resiliency, leading to measurable, values-driven outcomes. This Workforce Education and Training plan was developed with stakeholders and public participation. The goals and objectives of the County's WET plan reinforces the County's *Live Well, San Diego!* Initiative. Through training and education, the plan seeks to provide culturally and linguistically competent services utilizing a trauma informed approach to participants with mental health needs.

WET Plan	Program	Contracted Agency/Program Name	Program Summary	Contact Information
WET #1	Workforce Staffing Support	<p style="text-align: center;">District: All</p> <p>Linda Tarke, LCSW Independent Consultant</p>	<p>The WET Consultant assists the WET Coordinator with meeting the primary objectives outlined in the County of San Diego’s Mental Health Services Act WET Plan. Special emphasis is placed on assisting in the development and ongoing coordination of the San Diego County WET Collaborative which initially convened in August 2010. In addition, the WET Consultant has researched data collection and evaluation plans, participated in career pathway program development, networked with stakeholders and provided subject matter expertise in assessing WET Plan implementation and effectiveness.</p>	<p>Linda Tarke, LCSW (619) 750-9067 ltarkeconsulting@cox.net</p>
WET #2	Training and Technical Assistance	<p style="text-align: center;">District: All</p> <p>San Diego State University, Academy for Professional Excellence Behavioral Health Education and Training Academy (BHETA)</p>	<p>BHETA is a training and development service program. It provides continuing education and training to the staff of Behavioral Health Services and contracted provider staff. BHETA provides instructor led classes, webinars, eLearning and conferences on topics that address recovery, resiliency, and family integration. BHETA also provides the Geriatric Certificate Training.</p>	<p>Minola Clark Manson (619) 594-7232 bheta@projects.sdsu.edu</p>
		<p style="text-align: center;">District: All</p> <p>San Diego State University EC-SEBRIS: Early Childhood Mental Health Education</p>	<p>The Early Childhood Socio-Emotional & Behavior Regulation Intervention Specialist (EC-SEBRIS) program is an exciting certificate program in the Department of Child and Family Development at San Diego State University. This interdisciplinary program focuses on professional preparation and skills enhancement of early childhood educators and professionals who work with young children demonstrating socio-emotional and behavioral problems and their parents. The one-year certificate program is designed for working professionals, and courses can be applied towards a Master’s degree in Child Development.</p>	<p>Dr. Shulamit Ritblatt (619) 594-5312 Ritblatt@mail.sdsu.edu</p>
		<p style="text-align: center;">District: All</p> <p>The Centre for Organization Effectiveness Clinical Interactions for Trauma</p>	<p>A thorough assessment of trauma-informed care competency in the County’s behavioral health programs.</p>	<p>Dawn Griffin, Ph.D. (858) 635-4620 Dgriffin@alliant.edu</p>

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WET #2	Training and Technical Assistance	<p style="text-align: center;">District: All</p> <p>San Diego State University, Academy for Professional Excellence Behavioral Health Education and Training Academy (BHETA) Cultural Competency Academy</p>	<p>The Cultural Competence Academy (CCA) provides training to further the objectives identified by San Diego County Behavioral Health Service’s Cultural Competency Resource Team (CCRT) and the Cultural Competence Plan while advancing MHSA and BHS principles of wellness, recovery, resilience and family integration for ethnic and non-ethnic culturally diverse populations. The CCA provides awareness, knowledge and skill based trainings that focus on clinical and recovery interventions for multicultural populations while ensuring that all trainings focus on being trauma informed from environmental to clinical applications. Training is provided for all levels in programs and organizations, including supervisors, clinicians, and administration support staff.</p>	<p>Minola Clark Manson (619) 594-7232 bheta@projects.sdsu.edu</p>

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WET #3	Public Mental Health Academy	<p style="text-align: center;">District: All</p> <p>Family & Youth Roundtable (FYRT) CMHS Family Youth Partners Employment Training Academy</p> <p>Consumer/Family Academy</p>	<p>FYRT provides basic employment training for youth and family members/caregivers of youth who are or have been consumers in a public agency serving children to prepare them to work as partners at the practice, program and policy levels.</p> <p>FYRT also provides the training of program staff/administrators on how to work with and support family/youth partners, which includes the County of San Diego CMHS Principals to Family Youth Professional Partnership (PFYPP). This workshop offers CEU's for MFT and LCSW and is offered in two models: A) Online 1-hour introduction to PFYPP offers one CEU; B) A 4-hour workshop offering 4 CEU and 4 hours Cultural Competency training.</p> <p>FYRT also provides individual life coaching to both family/youth partners and program staff to assist and support both partners and programs in incorporating family/youth partners into program design, evaluation and/or policy functions.</p>	<p>Madison Romo (619) 546-5852 ext. 207 Madison@fyrt.org</p> <p>Jannette Nava (619) 546-5852 ext. 201 fyroundtable@fyrt.org</p>
		<p style="text-align: center;">District: All</p> <p>Recovery Innovations Inc. Consumer/Family Academy</p>	<p>Recovery Innovations Inc , provides peer specialist training, peer advocacy training, and support for conference attendance to persons age 18 and over, including transitional age youth (TAY), adults and older adults, who have experience with their own mental illness and recovery process to prepare them to work as partners at the practice, program and policy levels. The Peer Specialist Training is a 75-hour training for people with lived experience of recovery from behavioral health challenges that prepares them to work in the service system as a peer-support specialist. Training focuses on ways to use personal experience and skills to inspire hope in the lives of individuals receiving services.</p>	<p>Judi Holder (858) 274-4650 Judi.Holder@recoveryinnovations.org</p>

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WET #3	Public Mental Health Academy	<p style="text-align: center;">District: All</p> <p>NAMI San Diego Consumer/Family Academy</p>	<p>NAMI San Diego provides a gateway for family members to find paid work in the public mental health field, obtain promotions, find volunteer opportunities and/or go back to school. NAMI San Diego conducts or hosts special workshops for presentations from County Public Mental Health, schools with specialized programs, and mental health organizations that have volunteer or employment opportunities.</p> <p>NAMI San Diego offers the Peer to Peer Recovery Education Program which is a free ten-week course for people with any serious mental illness who are interested in establishing and maintaining their wellness and recovery. This class course provides a catalyst to graduates interested in seeking and maintaining paid employment or volunteer opportunities in public mental health or other sectors of interest.</p>	<p>Anita Fisher Director of Education (619) 398-9851 anitafisher@namisd.org</p> <p>Peer to Peer Program Sarah Ashworth (619) 398-8556 Sarahashworth@namisd.org</p>
		<p style="text-align: center;">District: All</p> <p>San Diego Community College District, City Campus Public Mental Health Academy</p>	<p>San Diego City College has established a Public Mental Health Academy embedded within the Institute for Human Development. The Academy initiates a career pathway for a diverse population of students through a 19 unit Mental Health Worker Certificate of Program. The certificate program serves as both workforce development for entry level positions in the mental health and human services field and as an academic stepping stone toward higher academic degrees in the field of mental health. The Academy has also established a pre-certificate preparation course for potential students who are non-native English speakers. The Academy provides an annual professional development conference for current and prospective students and a mental health career fair.</p>	<p>Veronica Ortega, Ph.D. (619) 388-3238 vortega@sdccd.edu</p>

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WET #3	Public Mental Health Academy	<p style="text-align: center;">District: All</p> <p>Alliant International University Community Academy, Public Mental Health Academy</p>	<p>The Community Academy is a partnership between the Family Youth Roundtable (FYR), The National Alliance on Mental Illness (NAMI), Recovery Innovations Inc, and the California School of Professional Psychology (CSPP) at Alliant International University. It provides training and employment assistance for individuals with lived experience with mental illness and/or family members; provides support through pairing with an academic and a peer mentor; supports the partners' six existing certificates and has facilitated translation of these certificates into academic credit; links students, partnering agencies, and the community with community trainings and evidence based literature that address stigma, recovery into practice, addresses barriers to accessing career pathway through stipends, support, and provides community training addressing stigma about mental illness and recovery</p>	<p>Dawn Griffin, Ph.D. Dgriffin@alliant.edu (858) 528-9070</p> <p>Terra Marroquin, MSW (858) 635-4833 Tmarroquin@alliant.edu</p>
WET #4	School-Based Pathways/Academy	<p style="text-align: center;">District: All</p> <p>Health Sciences High School and Middle College (HSHMC) School-Based Pathway</p>	<p>Health Sciences High School and Middle College (HSHMC) is a public charter high school that provides students an opportunity to explore advances and opportunities in healthcare through its college preparatory curriculum, specialized electives and four year work-based internship program. As a WET program, HSHMC has created a specialized mental health worker career track for 50 students per year in a two-year certificate program. Curriculum and specialized activities are offered school-wide in order to teach all campus students to take steps to end the stigma associated with this disease and its manifestations, to know more about seeking services for their own needs and, to consider this area of development as part of their own career exploration.</p>	<p>Dr. Ian Pumpian, CEO (619)528-9070 ipumpian@mail.sdsu</p> <p>Sheri North, Principal (619)528-9070 snorth@hshmc.org</p>

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WET #5	Nursing Partnership for Public Mental Health Professions	<p style="text-align: center;">District: All</p> <p>California State University San Marcos Nursing Partnership for Public Mental Health</p>	Development of curriculum and teaching modalities for an integrated a Psychiatric/Mental Health Clinical Nurse Specialist (CNS) and Nurse Practitioner (NP) program. This Advance Practice Nurse will receive a Master of Science in Nursing, be eligible for national certification, and may practice in inpatient, outpatient or community settings with prescriptive authority and skills in psychotherapy and other treatment modalities.	Denise Boren, Ph.D., RN (760) 750-7553 dboren@csusm.edu
WET #6	Residency, Internship Programs; Community Psychiatry Fellowship	<p style="text-align: center;">District: All</p> <p>Regents of the University of California, UCSD Psychiatry Fellowships</p>	UCSD School of Medicine provides a training programs for child and adolescent psychiatry residents and fellows. The program fosters the development of leaders in Community Psychiatry and provides medical students and general psychiatry residents with instruction on the principles of Community Psychiatry and exposure to the unique challenges and opportunities within this context.	David Folsom, MD, MPH dfolsom@ucsd.edu
WET #7	Residency, Internship Programs; Child Psychiatry Fellowship	<p style="text-align: center;">District: All</p> <p>Regents of the University of California, UCSD Psychiatry Fellowships</p>	UCSD School of Medicine provides a training program for child psychiatry residents and fellows. The program fosters the development of leaders in community child psychiatry and provides medical students and general psychiatry residents with instruction on the principles of Community Psychiatry and exposure to the unique challenges and opportunities within this context.	David Folsom, MD, MPH dfolsom@ucsd.edu

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WET #8	Residency, Internship Programs; LCSW/MFT Residency/Intern	<p style="text-align: center;">District: All</p> <p>Alliant International University, MFT Residency/Internship Program</p>	Alliant International University, on behalf of San Diego MFT Educators' Consortium that represents all the MFT programs in San Diego County, is the host of the San Diego County MFT Residency/Internship Program. The program provides 3 educational stipends each year.	Linna Wang, Ph.D. (858) 635-4579 lwang@alliant.edu
WET #8	Residency, Internship Programs; LCSW/MFT Residency/Inter	<p style="text-align: center;">District: All</p> <p>San Diego State University, Linguistically and Ethnically Diverse (LEAD) MFT Residency/Internship Program</p>	The LEAD Project provides a program to increase the presence of ethnically and linguistically diverse licensed clinicians in San Diego County by funding stipends for bilingual/bicultural MFT interns in exchange for a commitment to practice in San Diego County's public mental health workforce. In addition, this program also provides supervision hours and classes to prepare interns for licensure.	Gerald Monk, Ph.D. (619) 723-9004 gmonk@mail.sdsu.edu
WET #8	Residency, Internship Programs; LCSW/MFT Residency/Inter	<p style="text-align: center;">District: All</p> <p>San Ysidro Health Center, Inc., LCSW Residency/Internship Program</p>	SYHC LCSW Residency/Internship Program is designed to increase the number of bilingual LCSW's. The program provides stipends, group supervision, individual supervision, clinical training, introduction and practice of the integrated behavioral health model to four bilingual Master of Social Work graduates each year to prepare them for licensure. In exchange, each participant will provide direct services at an approved site, attend supervision and weekly trainings, conduct outreach, and provide mentoring.	Rachelle Rene, Ph.D, BCB, HSM (619) 662-4100 xt.3222 rrene@syhc.org

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WET #9	Financial Incentive Programs	<p style="text-align: center;">District: All</p> <p>Multiple Programs:</p> <p>Health Science High and Middle College/ HSHMC (High School Students)</p> <p>Alliant International University (Public Mental Health Academy-targeted to Consumers and Family Members)</p> <p>Alliant International University (MFT)</p> <p>San Diego State University-LEAD (MFT)</p> <p>San Diego State University School of Social Work Advance Standing Program (ASP) (LCSW)</p> <p>San Diego State University Interwork Institute Masters in Rehabilitation Counseling (RCP)</p> <p>San Ysidro Health Center (LCSW)</p>	<p>Financial incentive programs are designed to aid in the recruitment and retention of culturally, linguistically and/or ethnically diverse public mental health staff to work in both the County and County contracted community-based mental health organizations. Stipends for both students and faculty are provided through WET contractors.</p> <p>Recipients of larger stipends are contractually obligated to work within the Public Mental Health System after completing studies for a period of time equal to the period in which they received support, with a minimum commitment of two years.</p>	<p style="text-align: center;">HSHMC Dr. Ian Pumpian (619) 528-9070</p> <p style="text-align: center;">Alliant PMHA Dawn Griffin, Ph.D. (858) 635-4620</p> <p style="text-align: center;">Alliant MFT Linna Wang, Ph.D. (858) 635-4579</p> <p style="text-align: center;">SDSU LEAD MFT Gerald Monk, Ph.D. (619) 723-9004</p> <p style="text-align: center;">SDSU ASP Candy Elson, Ph.D. (619) 594-5144</p> <p style="text-align: center;">SDSU RCP Marjorie Olney, Ph.D. (619) 594-6883</p> <p style="text-align: center;">SYHC Rachelle Rene, Ph.D, BCB, HSM (619) 662-4100 xt.3222</p>